

Golden Plains Fourteen

MARCH 7, 8 & 9, 2020 MEREDITH SUPERNATURAL AMPHITHEATRE

LITTLE GOLDEN BOOKLET

Thank you for being part of Fourteen. Little Golden Booklet is designed to help make your time here smooth and enjoyable.

- * PLEASE LOOK AFTER YOURSELF AND OTHERS the Meredith Supernatural Amphitheatre can feel like a sovereign dominion, but the same laws that apply outside its boundaries apply within them. Similarly, the laws of the human body are no different here than anywhere else. Rest and rehydrate. Pace yourself. Do not mix drugs and do not use them on your own. If you are feeling unwell, tell someone.
- * NO FIRES it's a Total Fire Ban day and night.
- * NO GLASS don't bring any glass at all. In order to look after the animals that call this farm home, all glass will be confiscated.
- * GET PREPARED check the forecast before you leave and bring ample clothes for all seasons and plenty of warm bedding. No thongs — the #1 treated injury on the First Aid Hit Parade is cut feet: can't dance to that. And cover up and slip slop slap.
- * REDUCE RISK clean your hands thoroughly and often, especially before eating and after using the loo. If you have a viral or bacterial illness please stay at home, or go home, to keep from infecting others. Asthmatics and allergy sufferers, please go to First Aid early if you have concerns. Recent weather conditions have seen increased activity from ants, flies and mosquitos. To repel mozzies, pack an effective repellent that contains deet or picaridin.

Follow our Directions to get here, drive safely and be good in town. To camp together, arrive together – in convoy.

The one and only stage lets loose from 1:15pm Saturday with the Smoking Ceremony and Welcome to Country.

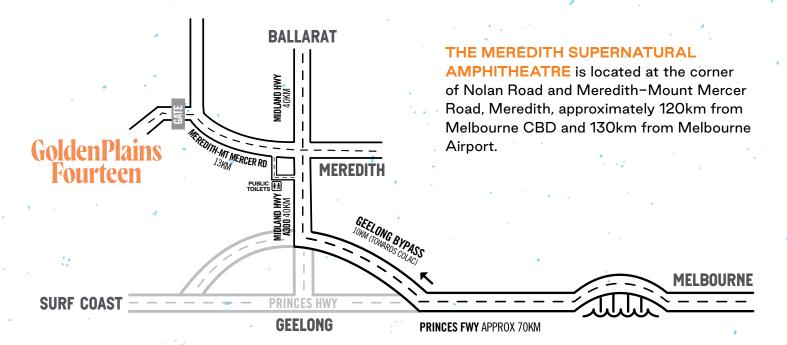
Read on carefully, even if you have flown with us before. Go to goldenplains.com.au for Every Thing.

Really looking forward to it,

aunty

HOW TO GET HERE

GATES OPEN AT 8AM ON SATURDAY.
PLEASE DON'T COME EARLIER - ROADBLOCKS ARE IN PLACE.



DRIVING FROM MELBOURNE

From Melbourne, take the Princes Fwy (M1) towards Geelong.

As you approach Geelong, keep right to stay on the Geelong Bypass, following the signs to Colac.

Travel on the Geelong Bypass for about 10km and then take the Ballarat Exit A300.

Turn right onto the Midland Hwy (A300) and head towards Ballarat for about 40km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith–Mount Mercer Road.

The Sup' is approximately 13km along this road.*

DRIVING FROM GEELONG AND SURF COAST

From Geelong, take the Midland Hwy (A300) and head towards Ballarat for about 40km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith–Mount Mercer Road.

The Sup' is approximately 13km along this road.*

DRIVING FROM BALLARAT

From Ballarat, take the Midland Hwy (A300) and head towards Geelong for about 40km until you get to Meredith.

Turn right after the corner pub in Meredith. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13km along this road.*

BE GOOD IN TOWN

Please respect the fine township of Meredith, our gracious hosts, and be good if you stop in town. Observe traffic rules — don't overtake. Don't litter, swear, have a sneaky wee on a fence, etc. You know, don't be a dickhead.

*On the Saturday of the festival this might take up to 60 minutes as there are holding bays to ensure safe and steady traffic flow.

GET HERE AND BACK SAFELY

We respect the work of Victoria Police who set up booze and drug testing buses before and after. Getting home safely is part of going. If you take drugs, do not drive. Many drugs can stay in your system for over a week. NEVER drive under the influence. ALWAYS designate a driver. On Monday, the TAC will be providing FREE breath tests at all the Helper Huts in the campgrounds, at Helper Hut Central, and at Reception. Get a breath test before getting behind the wheel. Simple and effective.

REMEMBER

- There is no reserving of campsites, so if you want to camp together, arrive together in convoy. Campsite reservers will be ejected. Tough but fair.
- Put your wristband on (not too tight) as you head to Golden Plains, and leave it on for the duration, until you are out the gate at the end.
- Anyone without a valid wristband will be regarded as a trespasser and handed over to the Police. Trespassers will be charged and subject to substantial fines. Entry will be refused to all occupants of any vehicle assisting a trespasser.

DRIVERS

During and after entry, drive slower than walking pace (5 km/h or less). Park safely at camp and do not drive again until you leave. Park perpendicular to any slope (across it rather than up or down). Triple-check that your handbrake is on. NEVER REVERSE. Always check under and around your vehicle before moving it. If you need to leave early, park in the public car park (near Reception). Take the MSA shuttle (which departs from the Reception Bus Stop) to town and back, or check out Heaven Eleven (next to Helper Hut Central) — they sell things you forgot. Zero tolerance for dickheads behind the wheel.



GETTING HERE ESSENTIALS	PERSONAL ESSENTIALS	
☐ This Little Golden Booklet. Print now or save to your device for offline viewing.	☐ Multiple pairs of good, sensible shoes — ideally boots — and lots of socks. Thongs and sandals don't work. Pack	
A designated driver for Saturday.	gumboots too.	
A designated driver for Monday. Plan ahead.	 A sturdy waterproof raincoat with hood and a big bag of spare warm and waterproof clothes and boots (jumpers, 	
Public transport is a good option. A Supernatural Express now runs from Geelong as well as Melbourne.	thermals, beanie, gloves).	
A convoy plan. Reserving campsites is not permitted. Arrive together to camp together. If your friends can't turn up when you do, just make new ones.	Any medication you need — there is no pharmacy on site. If you have a chronic condition or illness (including asthma, diabetes, epilepsy) and/or allergies, please come prepared with your medication and present to First Aid early if you are concerned or	
Your ticket. The wristband is your ticket. It gets you in, around and out. Double-check you have it now. Put it on as you leave home. Keep it on at all times while you're here.	experiencing difficulty. If you suffer from hayfever, come prepared with your regular medication. Carry emergency contact numbers and information regarding your condition at all times.	
CAMPSITE ESSENTIALS	If you do have an allergy or medical condition, have a buddy	
A reusable drink bottle, for filling up at any of the 15 free drinking water locations.	system in place so there is at least one person aware of your situation, and register your ticket at goldenplains.com.au/register or at First Aid when you arrive.	
No glass at all. Plastic or cans only. No bottles of any kind (including beer, wine, champagne), jars of any kind (including	☐ Sunglasses, sunblock, sun hat, long sleeve shirts and long pants for sun protection.	
salsa and vegemite), containers, mirrors, mirror balls or perfume. All glass will be confiscated and we are no longer able to return such items.	☐ Valid form of photo ID if you wish to enter bars and licensed areas. Carry it at all times, even if you are 73.	
Disinfectant (wipes, paper towel, hand sanitiser) to keep yourself and your campsite clean. Use general waste, not the compost, to dispose of these items.	☐ Toiletries — toothbrush, toothpaste, biodegradable shampoo, soap for hot showers, condoms, deodorant, tissues, sanitary items, towel, wash cloth, etc.	
A good tent (or caravan, campervan, etc.) – waterproof shelter, in good repair, so you can rest well in all weather conditions.	First aid kit – band-aids, headache and hangover relief, insect repellent (with deet or picaridin to repel mozzies), lip balm,	
☐ Weights to hold down the interior corners of your tent. Keep your campsite secure from wind. Attach the velcro straps of your fly to your tent poles.	earplugs, pain relief for bites and stings, instant cold/hot pack. Card and/or cash. Most places now accept card as well as cash including the Gift Shoppe, all bars and all food stalls. There is an ATM on site. Mobile phone — there are no landline public phones on site.	
Lots of long tent pegs, a mallet, camp chair, rug or blanket and plenty of ropes to take any furniture back home. Maybe a tarp.		
Lots of warm bedding, doonas, sleeping bag, blankets – nights get real cold, even if days are hot.	There are public phones in the town of Meredith, 10 minutes drive from the site. Coverage on the farm is improving all the	
Pillows, camping mattress (air pump if required).	time but you may have to go to the highest part of the site to get a signal. Bring a spare charged battery, power bank or solar	
Torch/camplight – strap-on headlamps are good. Battery-powered camp lantern.	charger if you have one. Save the 24 hour Helper Hotline number to your phone to call on	
☐ Tent marker like a flag, or similar, on a pole. Tents all	SMS for assistance – 0430 091 120 (it's on your wristband).	
look the same. Bulk drinking water – free drinking water is available	Download the free Emergency Plus App. The app uses GPS functionality to help staff and emergency services locate you.	
on-site but bring a big (eg. 10 litre) refillable container for drinking, washing, cleaning, brushing your teeth, etc.	☐ Maybe bring something to read, something to play — not bongos! (see banned items below)	
☐ The foresight and stamina to pack up and take all your shit home with you again.		
☐ Snacks — in non-glass, reusable containers. Please decant/transfer things like salsa, sauce and vegemite from their original glass packaging.		

There are some things you can't bring, including: glass, commercial signage, gas bottles, animals, and things that block views in the Amphitheatre. Don't bring tools like hand and power saws, nail guns etc. They will be confiscated.

You can bring things-on-sticks, but they must be narrower than your average head of cauliflower.

Banned items and the terms, conditions and policies are viewable at goldenplains.com.au.

FIRE SAFETY

NO FIRES. TOTAL FIRE BAN DAY AND NIGHT, NO MATTER WHAT THE WEATHER.

- No gas bottles, gas kegs, candles, lanterns, cooking equipment, BBQs, generators, fireworks, sparklers or lasers. You can cloak and/or discard all banned items at Reception and your nearest Helper Hut (a much better option than having your stuff confiscated by staff).
- Keep all internal roads clear for emergency vehicles. And by clear we don't mean kinda clear, or mostly clear. If it doesn't fit, park it elsewhere. Please do not park ANY part of your vehicle on ANY road. If you do, it will be towed.
- Cigarettes ensure butts are 100% extinguished.
 Butt 'em out, pick 'em up, put 'em in the bin. It's real easy.
- Avoid setting up next to vehicle exhaust.
- Keep your campsite free of flammable material and rubbish.
- Don't leave your vehicle running longer than necessary.
- Free drinking water tanks in the food courts, at the showers and in the campgrounds can be used for campsite bulk water refills.

HOW TO GET HELP

EVERYONE CAN ACCESS APPROPRIATE PROFESSIONAL HELP AND WELFARE 24 HOURS

Victoria Police, Ambulance Victoria, Doctors, Welfare, Helpers, Private Security and Public Safety Officers are available on-site. Our welfare team includes professional counsellors, social workers and psychologists, should you need support. Together, our priority is to listen without judgement and encourage appropriate professional help for immediate and ongoing care.



HOW TO ACCESS HELP OR WELFARE 24 HOURS

• Visit your nearest Helper Hut or Helper Hut Central

Call or text the Helper Hotline on 0430 091 120 (it's on your wristband)

- Email Aunty: <u>auntym@mmf.com.au</u>
- Contact the Helpdesk (it's anonymous): helpdesk.mmf.com.au
 - Visit First Aid/Welfare or Police, to the right of the stage
 - Emergency Services request that you not use social media to report an incident or emergency
 - Download <u>Safety Information</u> from the website, which includes contacts for off-site support

LOOK AFTER YOURSELF AND OTHERS. IF YOU SEE SOMEONE WHO IS OBVIOUSLY UNWELL, PLEASE ALERT US IMMEDIATELY.



Saturday

44	
1:15 - 1:40PM	SMOKING CEREMONY
1:40 - 1:55	WELCOME TO COUNTRY
1:55 - 2:00	OPENING CEREMONY
2:00 - 2:40	PINCH POINTS ,
3:00 - 3:40	PARSNIP
4:00 - 4:40	SIMONA CASTRICUM
4:40	HOUSEKEEPING
5:00 - 5:40	INJURY RESERVE
6:10 - 7:00	EZRA COLLECTIVE
7:30 - 8:30	BILL CALLAHAN
8:35	HOUSEKEEPING
9:00 - 9:55	STEREOLAB
10:25 - 11:10	SLEAFORD MODS
11:40 - 12:20AM	ELECTRIC FIELDS
12:45 - 1:20	MOONCHILD SANELLY
1:35 - 2:15	SLIM SET
2:30 - 3:50	C.FRIM
4:00 - 5:00	BUFIMAN
5:00 - 10:00AM	SILENCE IS GOLDEN

SPECIAL GUEST MC:
EMMA
BUCKLEY LENNOX

INTERSTITIAL SOUNDTRACK:
CHICO G
CASSANDRA KIELY
BEBÉ

Sunday

10:00 - 10:40AM	YIRINDA
11:00 - 11:40	J. MCFARLANE'S REALITY GUEST
12:00 - 12:35PM	MWANJÉ
1:00 - 1:45	WEYES BLOOD
- 1:50	HOUSEKEEPING
2:05 - 2:45	BANANAGUN
3:05 - 3:45	CIVIC
4:10 - 4:55	JOE CAMILLERI AND THE BLACK SORROWS
5:15 - 5:55	GENERAL LEVY
6:20 - 7:10	EVELYN CHAMPAGNE KING + MONDO FREAKS
7:15	HOUSEKEEPING
7:40 - 8:30	SAMPA THE GREAT
9:00 - 10:20	PIXIES
10:50 - 12:05AM	HOT CHIP
12:30 - 2:00	PREQUEL
2:00 - 4:00	FLOORPLAN
4:00 - 7:00	DJ SPRINKLES
7:00AM	SILENCE IS GOLDEN
MONDAY 1:00PM	GATES CLOSE

NEVENA SPIROVSKA INTERSTITIAL SOUNDTRACK:
NOISE IN MY HEAD
GAV PURDY AKA TRICKYBABY
MILO EASTWOOD

PLEASE LOOK AFTER YOURSELF AND OTHERS

We want you to have the best possible time. The time of your life. We also want your friends and the people around you to have a great time. Please don't stuff that up by being irresponsible for your wellbeing.

If you are intending to take drugs or drink alcohol, please take these things into consideration:

- Never source drugs at The Sup'.
- Mixing two or more drugs (polydrug use) greatly increases the possibility of overdose or accidents, even if taken hours apart. Please be mindful that many fatal overdoses involve the use of more than one type of drug. Polydrug use can include the use of alcohol, illegal drugs, prescription drugs and over-the-counter medications.
- Do not use drugs on your own.
- Drug education information is available from all Helper Huts and First Aid/Welfare.
- For anonymous, confidential and accessible information about particular drugs, you can use the Alcohol and Drug Foundation's free Text the Effects SMS service 24/7. Simply text the name of the drug you want to know about to: 0439 tell me (0439 835 563). You can also contact DirectLine, which provides free confidential alcohol and drug counselling and referral 24/7 on 1800 888 236.
- If you or someone near you is feeling unwell, immediately alert our staff, a Helper Hut, security, or the First Aid/Welfare team (to the far right of the stage). If you or a friend have taken drugs and are in need of medical attention, medical staff are not obliged to involve anyone else, including the Police. So don't be afraid to go to First Aid/Welfare. The team is not here to judge you, they are here to help you. So be honest with them. Everyone can access appropriate professional help during the weekend.

- Rest and rehydrate. Golden Plains goes for two and a half days. Pace yourself if you want to enjoy it all. Take regular drinks of water.
- For your safety please always stay within the boundaries, familiarise yourself with the map grid reference of your campsite, the location of your local Helper Hut and the emergency assembly areas.
- Trees can, like us, break. Take care when camping under them and definitely don't climb them.
- Please notify our staff if you see something you think is unsafe or might need attention.
- Have a buddy system in place with a trusted mate. Check in regularly with each other, especially if you or a friend have an illness or allergy.

Our team works year round with health services and other agencies to keep Golden Plains and our local community safe. There are things we can all do in an effort to help reduce the risk from coronavirus disease(COVID-19):

- 1. Follow all advice from the Department of Health and Human Services (https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19) and check back regularly for current information as it relates to Golden Plains (aunty.goldenplains.com.au/current-information).
- 2. Clean your hands thoroughly and often, especially before eating and after using the loo. BYO disinfectant (wipes, paper towel, hand sanitiser) to keep the other things you share at camp and elsewhere clean.
- 3. If you have a viral or bacterial illness please stay at home, or go home, to keep from infecting others.

THE NO DICKHEAD POLICY

There has been a No Dickhead Policy since the early 90s. In part it means looking after yourself and others. In part it just means treating each other with respect and kindness.

