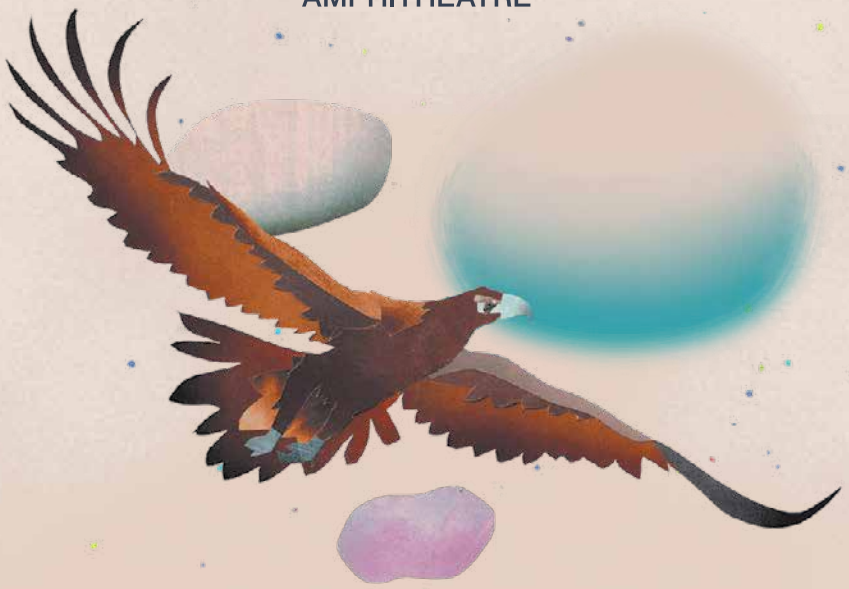
MeredithH

DECEMBER 9, 10 & 11, 2022
MEREDITH SUPERNATURAL
AMPHITHEATRE



Pocket Companion

Thank you for being part of The 30th Meredith. Pocket Companion is designed to help make your time here smooth and enjoyable.

PLEASE BE AWARE THAT SOME PARTS OF THE SITE ARE WET

*** CAMPGROUNDS** – the MSA has received more than its fair share of rain lately, and there may be changes to some camping and parking areas. Current Information is available on a dedicated page on the website. Both coming and going will likely take longer than it has previously. Please be patient, follow directions from staff, and drive no faster than walking pace (5km/h). Follow the roads at all times and avoid cutting across campgrounds to get to your desired spot.

*** PLEASE LOOK AFTER YOURSELF AND OTHERS** – the Meredith Supernatural Amphitheatre can feel like a sovereign dominion, but the same laws that apply outside its boundaries apply within them. Similarly, the laws of the human body are no different here than anywhere else. Rest and rehydrate. Pace yourself. Do not mix drugs and do not use them on your own. If you are feeling unwell, tell someone.

*** NO FIRES** – it's a Total Fire Ban day and night.

*** NO GLASS** – don't bring any glass at all. In order to look after the animals that call this farm home, all glass will be confiscated.

*** GET PREPARED** – check the forecast before you leave and bring waterproof clothing and several changes of warm clothes. Gumboots or high quality waterproof boots are highly recommended, as is bringing a ground sheet or tarp to place under your tent. No thongs – the #1 treated injury on the First Aid Hit Parade is cut feet: can't dance to that. And cover up and slip slop slap.

Asthmatics and allergy sufferers, please go to First Aid early if you have concerns. For those of you prone to hay fever, it's been knocking the team around these past few weeks, so start preparing now. Same goes for mozzies; pack an effective repellent that contains deet or picaridin.

If you have a viral or bacterial illness, please take one for the team and stay home to keep from infecting others. Up-to-date COVID information can be found on the website. It is important, if you have tested positive to COVID in the previous five days, or are experiencing any cold or flu-like symptoms, that you do not come. Please get in touch with Aunty Meredith if this is you.

Follow our Directions to get here, drive safely and be good in town. To camp together, arrive together – in convoy.

The one and only stage lets loose from 3:10pm Friday with the Smoking Ceremony and Welcome to Country.

Read on carefully, even if you have flown with us before.
Go to mmf.com.au for Every Thing.

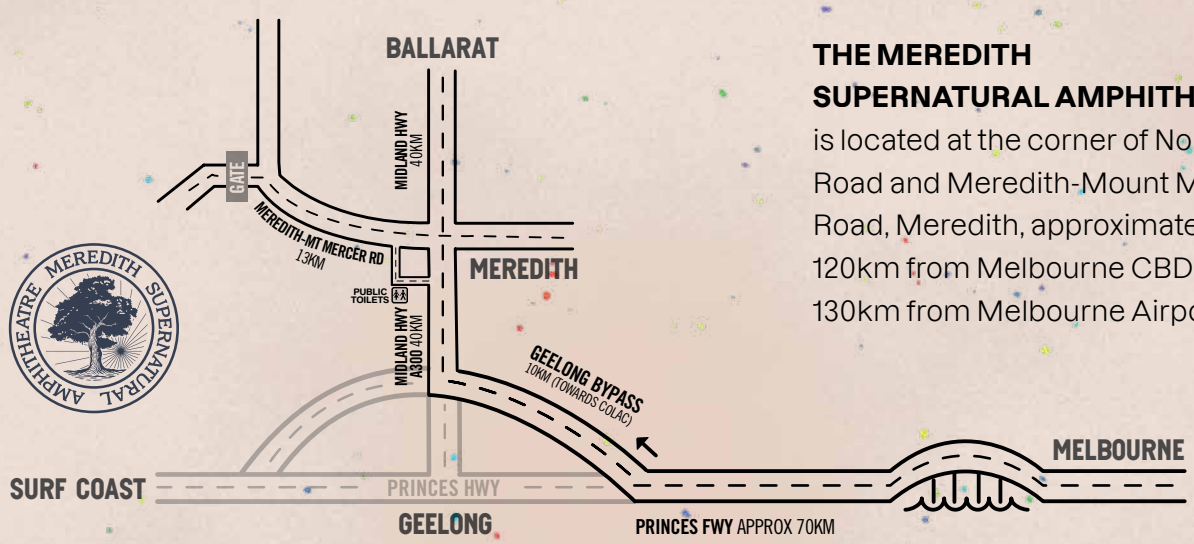
I very much look forward to The Pleasure of Your Company,

aunty

FRIENDS COMING? PLEASE FORWARD THIS ON TO THEM TOO.

How To Get Here

GATES OPEN AT 8AM ON FRIDAY.
PLEASE DON'T COME EARLIER – ROADBLOCKS ARE IN PLACE.



THE MEREDITH SUPERNATURAL AMPHITHEATRE is located at the corner of Nolan Road and Meredith-Mount Mercer Road, Meredith, approximately 120km from Melbourne CBD and 130km from Melbourne Airport.

DRIVING FROM MELBOURNE

From Melbourne, take the Princes Fwy (M1) towards Geelong.

As you approach Geelong, keep right to stay on the Geelong Bypass, following the signs to Colac.

Travel on the Geelong Bypass for about 10km and then take the Ballarat Exit A300.

Turn right onto the Midland Hwy (A300) and head towards Ballarat for about 40km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13km along this road.*

DRIVING FROM GEELONG AND SURF COAST

From Geelong, take the Midland Hwy (A300) and head towards Ballarat for about 40km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13km along this road.*

DRIVING FROM BALLARAT

From Ballarat, take the Midland Hwy (A300) and head towards Geelong for about 40km until you get to Meredith.

Turn right after the corner pub in Meredith. This is Meredith-Mount Mercer Rd.

The Sup' is approximately 13km along this road.*

***On the Friday, this might take up to 60 minutes as there are holding bays in place to ensure safe and steady traffic flow.**

NB: Several back roads in the district remain closed due to flood damage. Be sure to follow the above directions rather than any shortcuts or navigation app.

BE GOOD IN TOWN

Please respect the fine township of Meredith, our gracious hosts, and be good if you stop in town. Observe traffic rules – don't overtake. Don't litter, swear, have a sneaky wee on a fence, etc. You know, don't be a dickhead.

GET THERE AND BACK SAFELY

We respect the work of Victoria Police who set up booze and drug testing buses before and after. Getting home safely is part of going. If you take drugs, do not drive. Many drugs can stay in your system for over a week. NEVER drive under the influence. ALWAYS designate a driver. On Sunday, the TAC will be providing FREE breath tests at all the Helper Huts in the campgrounds, at Helper Hut Central, and at Reception. Get a breath test before getting behind the wheel. The message from the TAC: Planning to have a big weekend? Don't drive. Plan how you'll get home safely after the event and *Keep the Band Together.*

REMEMBER

- There is no reserving campsites, so if you want to camp together, arrive together in convoy.
- Put your wristband on (not too tight) as you head to the festival, and leave it on for the duration, until you are out the gate at the end.
- Anyone without a valid wristband will be regarded as a trespasser and handed over to the Police. Trespassers will be charged and subject to substantial fines. Any vehicle assisting a trespasser will have all occupants refused entry. Anyone wearing a forged or invalid wristband will be regarded as a trespasser and handed over to Police. Wristbands must stay on all weekend and cannot be shared.

DRIVERS

During and after entry, drive slower than walking pace (5 km/h or less). Park safely at camp and do not drive again until you leave. Park perpendicular to any slope (across it rather than up or down). Triple-check that your handbrake is on. NEVER REVERSE. Always check under and around your vehicle before moving it. Be aware that driving on wet grass or gravel can be slippery. Take the MSA shuttle (which departs from the Reception Bus Stop) to town and back, or check out Heaven Eleven (next to Helper Hut Central) – they sell things you forgot. Zero tolerance for dickheads behind the wheel.

What to Bring:

GETTING HERE ESSENTIALS

- ☐ This Pocket Companion. Print now or save to your device for offline viewing.
- ☐ A designated driver for Friday.
- ☐ A designated driver for Sunday. Plan ahead.
- ☐ Public transport is a good option.
- ☐ A convoy plan. Reserving campsites is not permitted. Arrive together to camp together. If your friends can't turn up when you do, just make new ones.
- ☐ Your ticket. The wristband is your ticket. It gets you in, around and out. Double-check you have it now. Put it on as you leave home. Keep it on at all times whilst here.

CAMPSITE ESSENTIALS

- ☐ Bring a tarp to put under your tent. You will need the extra protection this year.
- ☐ A reusable drink bottle, for filling up at any of the 15 free drinking water locations.
- ☐ No glass at all. Plastic or cans only. No bottles of any kind (including beer, wine, champagne), jars of any kind (including salsa and vegemite), containers, mirrors, mirror balls or perfume. All glass will be confiscated and we do not return such items.
- ☐ A good tent (or caravan, campervan, etc.) – waterproof shelter, in good repair, so you can rest well in all weather conditions.
- ☐ Weights to hold down the interior corners of your tent. Keep your campsite secure from wind.
- ☐ Lots of long tent pegs, a mallet, camp chair, rug or blanket and plenty of ropes to take any furniture back home.
- ☐ *LOTS* of warm bedding, doonas, sleeping bag, blankets – nights get real cold, even if days are hot.
- ☐ Pillows, camping mattress (air pump if required) - something to insulate you from the ground
- ☐ Torch/camplight – strap-on headlamps are good. Battery-powered camp lantern.
- ☐ Tent marker like a flag, or similar, on a pole. Tents all look the same.
- ☐ Bulk drinking water – free drinking water is available on-site but bring a big (eg. 10 litre) refillable container for drinking, washing, cleaning, brushing your teeth, etc.
- ☐ Snacks – in non-glass, reusable containers. Please decant/transfer things like salsa, sauce and vegemite from their original glass packaging.
- ☐ The foresight and stamina to pack up and take all your shit home with you again.

PERSONAL ESSENTIALS

- ☐ Multiple pairs of good sensible shoes – ideally boots – and lots of socks. Thongs and sandals don't work. It is important that you pack gumboots or quality waterproof boots this year too.
- ☐ A sturdy waterproof raincoat with hood and a big bag of spare warm and waterproof clothes and boots (jumpers, thermals, beanie, gloves).
- ☐ Any medication you need – there is no pharmacy on site. If you have a chronic condition or illness (including asthma, diabetes, epilepsy) and/or allergies, please come prepared with your medication and present to First Aid early if you are concerned or experiencing difficulty. If you suffer from hayfever, come prepared with your regular medication. Carry emergency contact numbers and information regarding your condition at all times.
- ☐ If you do have an allergy or medical condition, have a buddy system in place so there is at least one person aware of your situation.
- ☐ Rapid Antigen Tests and masks - in case you come down with COVID symptoms.
- ☐ Sunglasses, sunblock, sun hat, long sleeve shirts and long pants for sun protection.
- ☐ Valid form of photo ID (overseas drivers licenses are not accepted) – carry it at all times, even if you are 73.
- ☐ Toiletries – toothbrush, toothpaste, biodegradable shampoo, soap for hot showers, condoms, deodorant, tissues, sanitary items, towel, wash cloth, etc. Please don't bring baby wipes.
- ☐ First aid kit – band-aids, headache and hangover relief, insect repellent (with deet or picaridin to repel mozzies), lip balm, earplugs, pain relief for bites and stings, instant cold/hot pack.
- ☐ Card and/or cash. Everywhere now accepts card as well as cash, including the Gift Shoppe, all bars and all food stalls. There is an ATM on site. But bring some backup cash - preferably not 50s.
- ☐ Mobile phone – there are no landline public phones on site. There are public phones in the town of Meredith, 10 minutes drive from the site. Coverage on the farm has improved quite a bit since we were last here, but you may have to go to the highest part of the site to get a signal. Phone recharging is now available near Helper Hut Central (H14).
- ☐ Save the 24 hour Helper Hotline number to your phone to call or SMS for assistance – 0430 091 120 (it's on your wristband). Please register your tickets and in-case-of emergency contact numbers via mmf.com.au/register.
- ☐ Download the free Emergency Plus App. The app uses GPS functionality to help staff and emergency services locate you.
- ☐ Maybe bring something to read, something to play – not bongos! (see banned items below)

There are some things you can't bring, including: glass, commercial signage, gas bottles, animals, and things that block views in the Amphitheatre. You can bring things-on-sticks, but they must be narrower than your average head of cauliflower. Don't bring tools like hand and power saws, nail guns, etc. They will be confiscated. Banned items and the terms, conditions and policies are viewable at mmf.com.au.

CAUTION FIRE WARNING

NO FIRES, NO MATTER WHAT THE WEATHER. TOTAL FIRE BAN DAY AND NIGHT.

- No gas bottles, gas kegs, candles, lanterns, cooking equipment, BBQs, generators, fireworks, sparklers or lasers. You can cloak and/or discard all banned items at Reception and your nearest Helper Hut (a much better option than having your stuff confiscated by staff).
- Keep all internal roads clear for emergency vehicles. And by clear we don't mean kinda clear, or mostly clear. If it doesn't fit, park it elsewhere. Please do not park ANY part of your vehicle on ANY road. If you do, it will be towed.
- Cigarettes – ensure butts are 100% extinguished. Butt 'em out, pick 'em up, put 'em in the bin. It's real easy.
- Avoid setting up next to vehicle exhaust.
- Keep your campsite free of flammable material and rubbish.
- Don't leave your vehicle running longer than necessary.
- Free drinking water tanks in the food courts, at the showers and in the campgrounds can be used for bulk water refills at campsites.
- Avoid setting up next to vehicle exhaust.
- Keep your campsite free of flammable material and rubbish.

How To Get Help

EVERYONE CAN ACCESS APPROPRIATE PROFESSIONAL HELP AND WELFARE 24 HOURS

Victoria Police, Ambulance Victoria, Doctors, Welfare, Helpers, Private Security and Public Safety Officers are available on-site. Together, our priority is to listen without judgement and encourage appropriate professional help for immediate and ongoing care.



HOW TO ACCESS HELP OR WELFARE 24 HOURS

- Visit your nearest Helper Hut or Helper Hut Central
- Call or text the Helper Hotline on 0430 091 120 (it's on your wristband)
- Email Aunty: auntym@mmf.com.au
- Contact the Helpdesk (it's anonymous): helpdesk.mmf.com.au
- Visit First Aid/Welfare or Police, to the right of the stage
- Emergency Services request that you not use social media to report an incident or emergency
- Download Safety Information from the website, which includes contacts for off-site support

LOOK AFTER YOURSELF AND OTHERS. IF YOU SEE SOMEONE WHO IS OBVIOUSLY UNWELL, PLEASE ALERT US IMMEDIATELY.



Friday

3:10 - 3:40 PM	SMOKING CEREMONY
3:40 - 3:55	WELCOME TO COUNTRY WITH UNCLE BARRY GILSON AND MENINYAN
4:00 - 4:40	ROT TV
5:00 - 5:40	SURPRISE CHEF
6:00 - 6:40	TASMAN KEITH
6:40	HOUSEKEEPING
7:05 - 7:50	MINAMI DEUTSCH
8:10 - 8:55	ERIKA DE CASIER
9:25 - 10:15	COURTNEY BARNETT
10:45 - 11:30	YOTHU YINDI
12:00 - 12:50 AM	THE COMET IS COMING
1:20 - 2:05	SHOUSE
2:20 - 2:50	BIG WETT
3:00 - 4:00	OK EG
4:00 - 10:00	SILENCE WEDGE
MC:	FEE B2

INTERSTITIAL SOUNDTRACK BY:

Saturday

10:00 - 10:40 AM	CITY OF BALLARAT MUNICIPAL BRASS BAND
11:00 - 11:40	SNOWY BAND
12:00 - 12:40 PM	POOKIE
1:00 - 1:35	OUR CARLSON
2:00 - 2:40	CLAMM
3:00 - 3:40	BABE RAINBOW
3:45	HOUSEKEEPING
4:00 - 4:45	DJ QUIK
5:10 - 6:00	NU GENEA
6:25 - 7:10	DRY CLEANING
7:15	HOUSEKEEPING
7:40 - 8:25	SHARON VAN ETTEN
8:55 - 9:35	PRIVATE FUNCTION
10:05 - 10:50	TKAY MAIDZA
11:30PM - 12:40AM	CARIBOU
1:05 - 1:15	MEREDITH SKY SHOW
1:25 - 2:55	DAPHNI
3:00 - 5:00	DERRICK CARTER
5:00 - 7:00	DARCY JUSTICE
MC:	ARETHA BROWN

INTERSTITIAL SOUNDTRACK BY:
SHORTY, DJ FRIDAY, ANDEE FROST

Sunday

7:00 - 9:00 AM	SILENCE WEDGE
9:00 - 9:40	MASTER SONG TAI CHI
10:00 - 10:40	LOU
11:00 - 11:40	ALLARA
12:00 - 12:40 PM	MICHAEL BEACH
1:05 - 1:40	RUBI DU
2:00 - 2:30	THE MEREDITH GIFT WITH GABRIELLA BARTONOVA, THE HUXLEYS, AND FEE B2
2:30 - 3:00	SMOOCH
4:30 PM	GATES CLOSE

INTERSTITIAL SOUNDTRACK BY:
HIIRAAN

MeredithH

DECEMBER 9, 10 & 11, 2022
MEREDITH SUPERNATURAL AMPHITHEATRE

PLEASE BE AWARE THAT DUE TO CIRCUMSTANCES BEYOND OUR CONTROL, THESE PLAYING TIMES COULD CHANGE AT ANY TIME.

Please Look After Yourself And Others

We want you to have the best possible time. The time of your life. We also want your friends and the people around you to have a great time. Please don't stuff that up by being irresponsible for your wellbeing.

- Rest and rehydrate. Meredith goes for three days. Pace yourself if you want to enjoy it all. Take regular drinks of water.
- If you are intending to take drugs or drink alcohol, please take these things into consideration:
- Never source drugs at Meredith.
- Mixing two or more drugs (polydrug use) greatly increases the possibility of overdose or accidents, even if taken hours apart. Please be mindful that many fatal overdoses involve the use of more than one type of drug. Polydrug use can include the use of alcohol, illegal drugs, prescription drugs and over-the-counter medications.
- Do not use drugs on your own.
- If you or someone near you is feeling unwell, immediately alert our staff, a Helper Hut, security, or the First Aid/Welfare team (to the far right of the stage). If you or a friend have taken drugs and are in need of medical attention, medical staff are not obliged to involve anyone else, including the Police. So don't be afraid to go to First Aid/Welfare. The team is not here to judge you, they are here to help you. So be honest with them. Everyone can access appropriate professional help during the weekend.
- Drug education information is available from all Helper Huts and First Aid/Welfare.
- For anonymous, confidential and accessible information about particular drugs, you can use the Alcohol and Drug Foundation's free Text the Effects SMS service 24/7. Simply text the name of the drug you want to know about to: 0439 tell me (0439 835 563). You can also contact DirectLine, which provides free confidential alcohol and drug counselling and referral 24/7 on 1800 888 236.
- If you have a viral or bacterial illness (including COVID-19) please stay at home, to keep from infecting others.
- Please wash your hands.
- Trees can, like us, break. Take care when camping under them and definitely don't climb them.
- For your safety please always stay within the boundaries, familiarise yourself with the map grid reference of your campsite, the location of your local Helper Hut and the emergency assembly areas.
- Please notify our staff if you see something you think is unsafe or might need attention.
- Have a buddy system in place with a trusted mate. Check in regularly with each other, especially if you or a friend have an illness or allergy.

The No Dickhead Policy

Is really about us showing each other common courtesies. It began in the early 90s when it became clear Meredith-goers liked the lack of dickhead behaviour.



If you think you've spotted someone being a dickhead, politely let them or one of their friends know. Sometimes it's good people making mistakes. If one of your friends is being a dickhead, get them to pull their head in.

THANK YOU FOR UPHOLDING THIS TRADITION