

Meredith



DECEMBER 8, 9 & 10, 2023
MEREDITH SUPERNATURAL
AMPHITHEATRE

Pocket Companion

FRIENDS COMING?
PLEASE FORWARD THIS ON TO THEM TOO.

Contents

1. Welcome
3. How to Get Here
8. What To Bring
12. Fire Warning
13. How To Get Help
15. Site Map
16. Playing Times
17. Stage Lighting & Visuals
18. Card Payments
19. Reusable Cups
20. Please Look After Yourself & Others
22. No Dickhead Policy



Welcome

Thank you for being part of Meredith Thirty One. Pocket Companion is designed to help make your time here incredibly smooth and outrageously enjoyable.

PLEASE LOOK AFTER YOURSELF AND OTHERS

The Meredith Supernatural Amphitheatre can feel like a sovereign dominion, but the same laws that apply outside its boundaries apply within them. Similarly, the laws of the human body are no different here than anywhere else. Rest and rehydrate. Pace yourself. Do not mix drugs and do not use them on your own. If you are feeling unwell, tell someone. Current Department of Health drug alerts can be found [here](#)

NO FIRES – it's a Total Fire Ban day and night.

NO GLASS or CERAMIC – don't bring any glass at all. In order to look after the animals that call this farm home, all glass will be confiscated. Ceramic crockery is no good either.

NO TOOLS – don't bring tools like hand and power saws, nail guns etc. They are banned items and will be confiscated.

GET PREPARED – check the [forecast](#) before you leave and bring waterproof clothing and several changes of warm clothes. Quality waterproof boots are highly recommended, as is bringing a ground sheet or tarp to place under your tent. No thongs – the #1 treated injury on the First Aid Hit Parade is cut feet: can't dance to that. And cover up and slip-slop-slap.

Meredith is now mostly card-only, including all bars, the Gift Shoppe, Heaven Eleven and the showers. Some food vendors, including the Tucker Tent, will continue to accept cash.

Asthmatics and sufferers of allergies such as hay fever, please come prepared, and go to First Aid early if you have concerns. To combat mozzies, pack an effective repellent that contains deet or picaridin.

If you have a viral or bacterial illness, please take one for the team and stay home to keep from infecting others.

The changes to stage lighting made after last year's Meredith remain intact. On-screen messages will be displayed for any sets that feature flashing lights and screens at a rate that may require you to exercise discretion. A new symbol system is also being introduced, which features on the website, as well as the detailed Playing Times available at Helper Huts, to ensure the information is up-to-date.

Follow our **Directions** to get here, drive safely and be good in town. To camp together, arrive together – in convoy.

The one and only stage lets loose from 3pm Friday with the Smoking Ceremony and Welcome to Country.

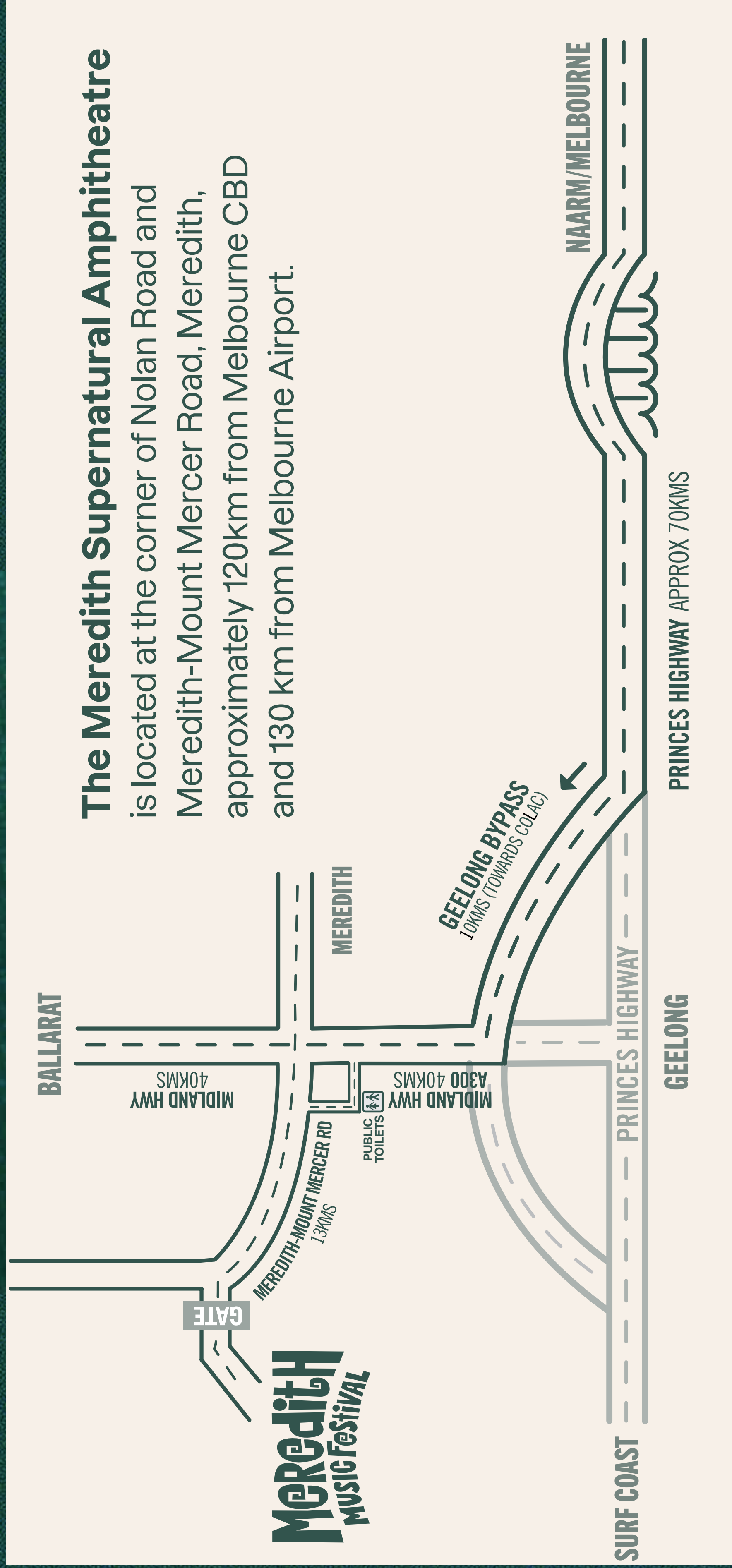
Read on carefully, even if you have flown with us before. Go to **mmf.com.au** for Every Thing.

I very much look forward to The Pleasure of Your Company.

A handwritten signature in white ink that reads "Amy". The signature is stylized with a large, sweeping 'A' and a long, curved tail that loops under the 'y'.

How To Get Here

**GATES OPEN AT 8AM ON FRIDAY.
PLEASE DON'T COME EARLIER –
ROADBLOCKS ARE IN PLACE.**



DRIVING FROM MELBOURNE/NAARM

From Naarm/Melbourne, take the Princes Fwy (M1) towards Geelong.

As you approach Geelong, keep right to stay on the Geelong Bypass, following the signs to Colac.

Travel on the Geelong Bypass for about 10 km and then take the Ballarat Exit A300.

Turn right onto the Midland Hwy (A300) and head towards Ballarat for about 40 km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13 km along this road.*

DRIVING FROM GEELONG & SURF COAST

From Geelong, take the Midland Hwy (A300) and head towards Ballarat for about 40 km until you get to Meredith.

At Meredith, turn left after the service station. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13 km along this road.*

*On the Friday, this might ordinarily take up to 60 minutes, as there are holding bays in place to ensure safe and steady traffic flow.

DRIVING FROM BALLARAT

From Ballarat, take the Midland Hwy (A300) and head towards Geelong for about 40 km until you get to Meredith.

Turn right after the corner pub in Meredith. This is Meredith-Mount Mercer Road.

The Sup' is approximately 13 km along this road.*

Deans Road is closed to festival traffic on entry (Friday) and exit (Sunday) days. Exercise plenty of care if using Elaine-Mt Mercer Road, which is in particularly poor condition. Be sure to follow the above directions rather than any shortcuts or navigation app.

*On the Friday, this might ordinarily take up to 60 minutes, as there are holding bays in place to ensure safe and steady traffic flow.



BE GOOD IN TOWN

Please respect the fine township of Meredith, our gracious hosts, and be good if you stop in town. Observe traffic rules – don't overtake. Don't litter, swear, have a sneaky wee on a fence, etc. You know, don't be a dickhead.

GET THERE AND BACK SAFELY

We respect the work of Victoria Police who set up booze and drug testing buses before and after.

Getting home safely is part of going. If you take drugs, do not drive. Many drugs can stay in your system for over a week. NEVER drive under the influence. ALWAYS designate a driver. Free breath testing will be available next to the Meredith Eye throughout the weekend, and from three other satellite locations on the last day (SportsField, Sunset Strip Caravan and near the U11 Helper Hut at the junction of Outer Space, Top Camp and South Pines). Get a breath test before getting behind the wheel.

REMEMBER

- There is no reserving campsites, so if you want to camp together, arrive together in convoy.
- Put your wristband on (not too tight) as you head to Meredith, and leave it on for the duration, until you are out the gate at the end.
- Anyone without a valid wristband will be regarded as a trespasser and handed over to Police. Trespassers will be charged and subject to substantial fines. Any vehicle assisting a trespasser will have all occupants refused entry. Anyone wearing a forged or invalid wristband will be regarded as a trespasser and handed over to Police. Wristbands must stay on all weekend and cannot be shared.

DRIVERS

- During and after entry, drive slower than walking pace (5 km/h or less).
- Park safely at camp and do not drive again until you leave.
- Park perpendicular to any slope (across it rather than up or down).
- Triple-check that your handbrake is on.
- NEVER REVERSE.
- Always check under and around your vehicle before moving it.
- Be aware that driving on wet grass or gravel can be slippery.
- Take the MSA shuttle (which departs from the Reception Bus Stop) to town and back, or check out Heaven Eleven (next to Helper Hut Central) – they sell things you forgot.
- Zero tolerance for dickheads behind the wheel.



What To Bring

GETTING HERE ESSENTIALS

- This Pocket Companion. Print now or save to your device for offline viewing.
- Your ticket. The wristband is your ticket. It gets you in, around and out. Double-check you have it now. Put it on as you leave home. Keep it on at all times whilst here.
- A designated driver for Friday.
- A designated driver for Sunday. Plan ahead.
- **Public transport** is a good option.
- A convoy plan. Reserving campsites is not permitted. Arrive together to camp together. If your friends can't turn up when you do, just make new ones.

CAMPSITE ESSENTIALS

- Bring a tarp to put under your tent.
- A reusable drink bottle, for filling up at any of the 15 free drinking water locations.
- No glass at all. Plastic or cans only. No bottles of any kind (including wine, champagne), jars of any kind (including salsa, vegemite), containers, mirrors, mirror balls or perfume. All glass will be confiscated and cannot be returned. No ceramic crockery either please.
- A good tent (or caravan, campervan, etc.) – waterproof shelter, in good repair, so you can rest well in all weather conditions.

- Weights to hold down the interior corners of your tent. Keep your campsite secure from wind.
- Lots of long tent pegs, a mallet, camp chair, rug or blanket and plenty of ropes to take any furniture back home.
- LOTS of warm bedding, doonas, sleeping bag, blankets – nights get *real* cold, even if days are hot
- Pillows, camping mattress (air pump if required) - something to insulate you from the ground
- Torch/camplight – strap-on headlamps are good. Battery-powered camp lantern.
- Tent marker like a flag, or similar, on a pole. Tents all look the same.
- Bulk drinking water – free drinking water is available on-site but bring a big (eg. 10 litre) refillable container for drinking, washing, cleaning, brushing your teeth, etc.
- Snacks – in non-glass, reusable containers. Please decant/transfer things like salsa, sauce and Vegemite from their original glass packaging.
- The foresight and stamina to pack up and take all your shit home with you again.

PERSONAL ESSENTIALS

- Multiple pairs of good sensible shoes – quality waterproof boots are highly recommended – and lots of socks. Thongs and sandals don't work.
- A sturdy waterproof raincoat with hood and a big bag of spare warm and waterproof clothes and boots (jumpers, thermals, beanie, gloves).

- Any medication you need – there is no pharmacy on site. If you have a chronic condition or illness (including asthma, diabetes, epilepsy) and/or allergies, please come prepared with your medication and present to First Aid early if you are concerned or experiencing difficulty. If you suffer from hayfever, come prepared with your regular medication. Carry emergency contact numbers and information regarding your condition at all times.
- If you do have an allergy or medical condition, have a buddy system in place so there is at least one person aware of your situation.
- Rapid Antigen Tests and masks - in case you come down with COVID symptoms.
- Sunglasses, sunblock, sun hat, long sleeve shirts and long pants for sun protection.
- Valid form of photo ID (overseas drivers licenses are now accepted) – carry it at all times, even if you are 73.
- Toiletries – toothbrush, toothpaste, biodegradable shampoo, and soap for hot showers, condoms, deodorant, tissues, sanitary items, towel, wash cloth, etc. Please don't bring baby wipes.
- First aid kit – band-aids, headache and hangover relief, insect repellent (with deet or picaridin to repel mozzies), lip balm, earplugs, pain relief for bites and stings, instant cold/hot pack.
- Card and/or cash. Many places of commerce are now CARD ONLY, including all bars, the showers, Heaven Eleven and the Gift Shoppe. Some food stalls, including the Tucker Tent, will continue to accept cash, and there will be an ATM on site.

- Mobile phone – there are no landline public phones on site. There are public phones in the town of Meredith, 10 minutes away from the site. You should be able to get a decent signal from both major national mobile networks. Phone recharging is now provided by the Community Tucker Tent. See the booth, just to the left of the main Tucker Tent building (K12).
- Save the 24 hour Helper Hotline number to your phone to call or SMS for assistance –

0430 091 120

(it's on your wristband). Please register your tickets and in-case-of emergency contact numbers via **mmf.com.au/register**

- Download the free **Emergency Plus App**. The app uses GPS functionality to help staff and emergency services locate you.
- Maybe bring something to read, something to play – not bongos! (see banned items below)

AND WHAT NOT TO

There are some things you can't bring, including: glass, commercial signage, gas bottles, animals, and things that block views in the Amphitheatre. You can bring things-on-sticks, but they must be narrower than your average head of cauliflower.

Don't bring tools like hand and power saws, nail guns, etc. They will be confiscated.

Banned items and the **terms, conditions** and **policies** are viewable at **mmf.com.au**.

CAUTION FIRE WARNING

**NO FIRES, NO MATTER THE WEATHER.
TOTAL FIRE BAN DAY AND NIGHT.**

- No gas bottles, gas kegs, candles, lanterns, cooking equipment, BBQs, generators, fireworks, sparklers or lasers. You can cloak and/or discard all banned items at Reception and your nearest Helper Hut (a much better option than having your stuff confiscated by staff).
- Keep all internal roads clear for emergency vehicles. And by clear we don't mean kinda clear, or mostly clear. If it doesn't fit, park it elsewhere. Please do not park ANY part of your vehicle on ANY road. If you do, it will be towed.
- Cigarettes – ensure butts are 100% extinguished. Butt 'em out, pick 'em up, put 'em in the bin. It's real easy.
- Avoid setting up next to vehicle exhaust.
- Keep your campsite free of flammable material and rubbish.
- Don't leave your vehicle running longer than necessary.
- Free drinking water tanks in the food courts, at the showers and in the campgrounds can be used for bulk water refills at campsites.

How To Get Help



EVERYONE CAN ACCESS APPROPRIATE PROFESSIONAL HELP AND WELFARE 24 HOURS

Victoria Police, Ambulance Victoria, Doctors, Welfare, Helpers, Private Security and Public Safety Officers are available on-site. Our welfare team includes professional counsellors, social workers and psychologists, should you need support. Together, our priority is to listen without judgement and encourage appropriate professional help for immediate and ongoing care.

HOW TO ACCESS HELP OR WELFARE 24 HOURS

- Visit your nearest Helper Hut or Helper Hut Central
- Call or text the Helper Hotline on **0430 091 120**
(it's on your wristband)
- Email Aunty: auntym@mmf.com.au
- Contact the Helpdesk (it's anonymous):
helpdesk.mmf.com.au
- Visit First Aid/Welfare or Police, to the right of the stage
- Emergency Services request that you not use social media to report an incident or emergency
- Download **Safety Information** from the website, which includes contacts for off-site support

Look after yourself and others. If you see someone who is unwell, please alert us immediately.





ENSURE ALL ROADS ARE CLEAR FOR SERVICE AND EMERGENCY VEHICLES
if you park on a road, you will be asked to move.

LEGEND

HELPER HUT CENTRAL K14

FIRST AID AND WELFARE K13

HELPER HUTS G8, G12, H14, M11, N8, N15, O10, O14, Q11, R12, S9, U11, U15, V7

TOILETS D7, G8, G12, J13, M8, M12, O15, Q11, P6, S8, U11, V7

SHOWERS L11, O14

FIRE RESPONSE I9

PRIMARY EMERGENCY ASSEMBLY AREA M14

PINK FLAMINGO M12

TOUCAN L12

ELECTRIC POSSUM M15

SUNSET STRIP Q14

ICE SOLD HERE N12, U11

HEAVEN ELEVEN L14

ECOPLEX CINEMA J15

GIFT SHOPPE L14

TUCKER TENT K12

BUS STOPS H7, R9

ACCESSIBLE TOILET/SHOWER K12/K13

SIGN IN K14

ARTIST MERCHANDISE L14

DRINKING WATER TANKS D7, G8, G12, K13, M11, N8, N15, O10, O14, Q11, R9, S12, U11, U15, V7

MEREDITH EYE N12

PHONE CHARGING K12

POLICE K13

LATE ARRIVAL PARKING

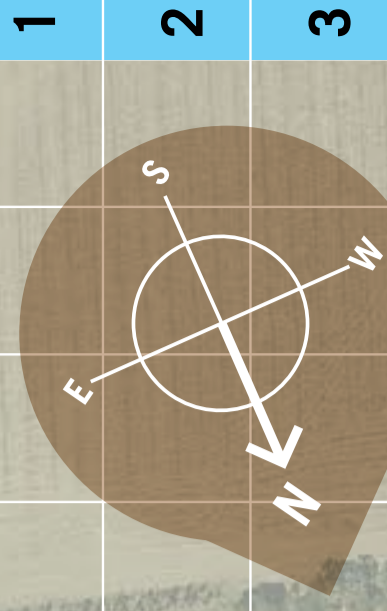
THE ROCHESTER O11, O12

MASSAGE N15

SECONDARY ASSEMBLY PEDESTRIAN PATH

BOUNDARY

SECONDARY EMERGENCY ASSEMBLY AREA



QUICK GUIDE

- In an emergency or time critical incident DIAL 000.** The address is 1255 Meredith-Mt Mercer, Meredith.
- First Aid, Welfare and Police are located at grid reference K13,** to the right of the stage near the International Food Court.
- If you need First Aid, Welfare or Police to come to you,** text /call the Helper Hotline on 0430 091 120, ask a staff member with a 2-way radio, OR send a representative to grid reference K13 to direct them to your location. Use the grid reference when referring to your location. For 24 hour campground support, familiarise yourself with the location of your nearest Helper Hut.
- In the event that an area needs to be cleared** do not attempt to leave the site by foot or vehicle unless advised by staff. Remain in the nominated assembly area and follow the directions of emergency management staff.
- Free breath-testing is available next to The Meredith Eye (N12).**



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Friday

3:00 — 3:25PM	SMOKING CEREMONY
3:25 — 3:30	WELCOME TO COUNTRY
3:30 — 3:50	MENINYAN
4:00 — 4:40	GUT HEALTH
5:00 — 5:40	MISS KANINNA
6:00 — 6:40	PIGS PIGS PIGS PIGS PIGS PIGS PIGS
6:40	HOUSEKEEPING
7:05 — 7:45	FLOODLIGHTS
8:15 — 9:00	ALEX G ○
9:30 — 10:10	SOULS OF MISCHIEF
10:40 — 11:40	CAROLINE POLACHEK ○
12:10 — 12:50AM	30/70
1:10 — 1:40	FLOWDAN △
1:50 — 2:50	DAMEEEELA
3:00 — 4:00	BLAWAN ○
4:00 — 10:00	SILENCE WEDGE
MC	SHORTY

INTERSTITIAL SOUNDTRACK BY:
CLARA, DJ EARL GREY

SYMBOL KEY

- (Circle) Performance uses flashing and flickering lights and/or visuals, at settings designed to reduce health and safety risks.
- △ (Triangle) Performance uses one or more of: rapidly flashing lights, visuals with repeating patterns and/or strobe-like effects, designed to create a high sensory experience. Discretion is advised.

Saturday

10:00 — 10:40AM	CITY OF BALLARAT MUNICIPAL BRASS BAND
11:00 — 11:40	MARY LATTIMORE
12:00 — 12:40PM	WATTY THOMPSON
1:00 — 1:40	BUMPY
2:00 — 2:40	ALI
3:00 — 3:40	C.O.F.F.I.N
3:45	HOUSEKEEPING
4:00 — 4:40	THEY HATE CHANGE
5:00 — 6:00	KUNIYUKI
6:25 — 7:05	TELENOVA
7:10	HOUSEKEEPING
7:35 — 8:25	ALVVAYS ○
8:55 — 9:40	CABLE TIES
10:10 — 11:25	KRAFTWERK
11:55 — 12:40AM	SNEAKY SOUND SYSTEM
12:55 — 1:05	MEREDITH SKY SHOW △
1:05 — 2:50	MILO EASTWOOD
2:50 — 4:35	MOKTAR ○
4:35 — 7:00	ERIS DREW & OCTO OCTA
MC	SHORTY

INTERSTITIAL SOUNDTRACK BY:
DJVM, MOTHAFUNK,
GAVIN CAMPBELL

Sunday

7:00 — 9:00AM	SILENCE WEDGE
9:00 — 9:40	MASTER SONG TAI CHI
10:00 — 10:40	ANDREW TUTTLE
11:00 — 11:40	HANNAH CAMERON
12:00 — 12:40PM	NO FIXED ADDRESS
1:00 — 1:40	PACHYMAN
2:00 — 2:30	THE MEREDITH GIFT WITH GABRIELLA BARTONOVA AND THE HUXLEYS
2:30 — 3:00	DRAGNET
4:30PM	GATES CLOSE
SPECIAL GUEST MC	ZOË COOMBS MARR

INTERSTITIAL SOUNDTRACK BY:
LLOYD BRIGGS

Meredith

DECEMBER 8, 9 & 10, 2023
MEREDITH SUPERNATURAL
AMPHITHEATRE

Please be aware that, due to
circumstances beyond our
control, these playing times
could change at any time.

Stage Lighting & Visuals

The changes to stage lighting made after last year's Meredith remain intact. On-screen messages will be displayed for any sets that feature flashing lights and screens at a rate that may mean you need to practise discretion. What's new is the introduction of a symbol system which features on the website, as well as the detailed Playing Times available at Helper Huts, to ensure the information is up-to-date.

The symbols on the Playing Times within this Pocket Companion are current as of the date of publication, but may be subject to change. During the festival, you can ask at your nearest Helper Hut for current information.

SYMBOL KEY



Performance uses flashing and flickering lights and/or visuals, at settings designed to reduce health and safety risks.



Performance uses one or more of: rapidly flashing lights, visuals with repeating patterns and/or strobe-like effects, designed to create a high sensory experience. Discretion is advised.

CARD AND CONTACTLESS PAYMENTS MOSTLY



Meredith is now mostly
card-only, including all bars,
The Gift Shoppe, Heaven Eleven
and the showers.

Some food vendors, including the
Meredith Community Tucker Tent,
will continue to accept cash

WE HAVE INTRODUCED REUSABLE CUPS

If you are 'drinking in' at the Pink Flamingo or Eric's, your drink will be served in a reusable cup.

If you'd prefer to 'take away' – ie outside of the Pink Flamingo or Eric's – your drink will be served in a compostable cup.

**REUSABLE CUPS CANNOT BE TAKEN
OUT OF THE PINK FLAMINGO OR ERIC'S.**

Please return all reusable cups to the bar
or one of the collection points.

Staff will assist in helping you get used to the new
system. Thanks for your help.



Please Look After Yourself & Others

We want you to have the best possible time. The time of your life. We also want your friends and the people around you to have a great time. Please don't stuff that up by being irresponsible for your wellbeing.

- Rest and rehydrate. Meredith goes for three days. Pace yourself if you want to enjoy it all. Take regular drinks of water.

If you are intending to take drugs or drink alcohol, please take these things into consideration:

- Never source drugs at Meredith.
- Mixing two or more drugs (polydrug use) greatly increases the possibility of overdose or accidents, even if taken hours apart. Please be mindful that many fatal overdoses involve the use of more than one type of drug. Polydrug use can include the use of alcohol, illegal drugs, prescription drugs and over-the-counter medications.
- Do not use drugs on your own.
- If you or someone near you is feeling unwell, immediately alert our staff, a Helper Hut, security, or the First Aid/Welfare team (to the far right of the stage). If you or a friend have taken drugs and are in need of medical attention, medical staff are not obliged to involve anyone else, including the Police. So don't be afraid to go to First Aid/Welfare. The team is not here to judge you, they are here to help you. So be honest with them. Everyone can access appropriate professional help during the weekend.

- Drug education information is available from all Helper Huts and First Aid/Welfare.
- Current Department of Health drug alerts can be found [here](#).
- For anonymous, confidential and accessible information about particular drugs, you can use the Alcohol and Drug Foundation's free Text the Effects SMS service 24/7. Simply text the name of the drug you want to know about to: 0439 tell me (0439 835 563). You can also contact [DirectLine](#), which provides free confidential alcohol and drug counselling and referral 24/7 on 1800 888 236.
- If you have a viral or bacterial illness (including COVID-19) please stay at home, to keep from infecting others.
- Please wash your hands.
- Trees can, like us, break. Take care when camping under them and definitely don't climb them.
- For your safety please always stay within the boundaries, familiarise yourself with the map grid reference of your campsite, the location of your local Helper Hut and the emergency assembly areas.
- Please notify our staff if you see something you think is unsafe or might need attention.
- Have a buddy system in place with a trusted mate. Check in regularly with each other, especially if you or a friend have an illness or allergy.

The No Dickhead Policy

Is really about us showing each other common courtesies. It began in the early 90s when it was clear Meredith-goers liked the lack of dickhead behaviour.



NEVER – any aggressive behaviour, harassment, intoxicated drivers, driving faster than walking pace, swimming in dams or elsewhere, glass or lawbreaking.

IN THE AMPHITHEATRE – no stage diving, crowd surfing, shoulder rides, moshing or blocking views with raised couches, things-on-sticks (ok if narrow) or big cameras.

IN THE CAMPGROUNDS – no reserving campsites, super-messy campsites, loud or offensive tunes or leaving furniture and crap behind for landfill.

CONSENT – not being a dickhead includes respecting consent. Consent is the presence of an informed and specific verbal and nonverbal yes – it is not the absence of a no. Consent is given by enthusiastically opting in – not by being silent. We can only freely agree to something if we are able to express our thoughts and feelings in a clear, calm way. Once consent is given it can be withdrawn at any time.

If you think you've spotted someone being a dickhead, politely let them or one of their friends know. Sometimes it's good people making mistakes. If one of your friends is being a dickhead, get them to pull their head in.

**THANK YOU FOR UPHOLDING
THIS TRADITION.**

